

Government Degree College Kaffota
District Sirmaur, Himachal Pradesh
Ranking of Government Colleges in HP

Criterion 6 Faculty Profile & Research Activities

**Key Indicator 6.10 Teachers Academic and
Extension Activities**

Metric 6.10.ii Member of Board of
Studies/Subject experts etc.



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RANKING FRAMEWORK

6. FACULTY PROFILE & RESEARCH ACTIVITIES

6.10. Teachers Academic and Extension Activities

6.10.2. National Member of Board of Studies/Subject experts etc

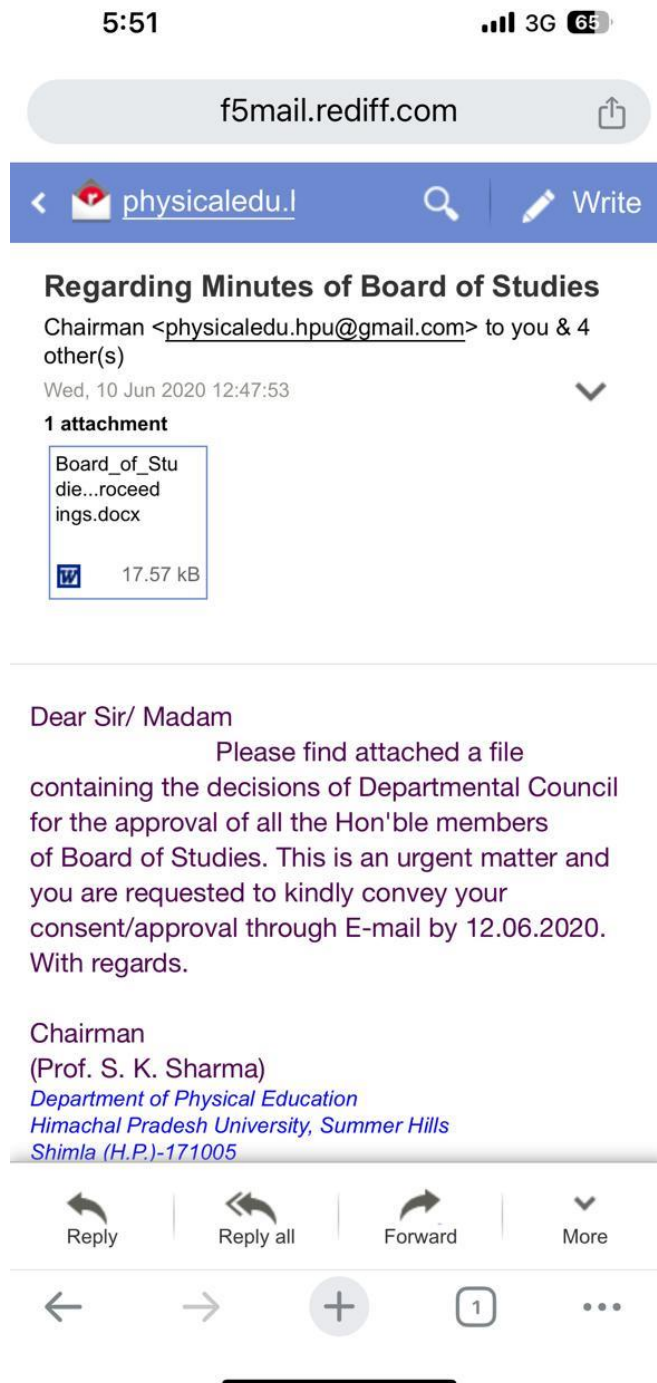
Response: Yes

4 points * (Number of Activities) = 4*4=16

(Max. 10 points from all categories)

Therefore, Score =10

i. Dr. Kuldip Singh, Board of Studies, Physical Education



Himachal Pradesh University
(NAAC Accredited 'A' Grade University)
Department of Physical Education

Dated:-10-06-2020

An urgent meeting of the Board of Studies in the subject of Physical Education (U.G.) has been fixed telephonically on 11/06/2020 at 11 A.M. through email mode of electronic communication in order to contain the spread of Novel Coronavirus (COVID-19) to discuss the matter regarding appointment of Coaches/Assistant Professors in Directorate of Physical Education and Youth Programme, H.P. University Shimla.

The matter pertaining to appointment of Coaches/Assistant Professors in the Directorate of Physical Education and Youth Programme has been approved in the meeting of the Departmental Council held on 05/05/2020 through E-mail. The following items were approved:

Item No. 1: Approved the Qualifications for the Posts of Coaches/Assistant Professors as per latest UGC and NCTE norms as Master's Degree in Physical Education along with One Year Diploma in Sports Coaching in the respective games

Item No. 2: Approved the conversion of the Posts of Coaches/Assistant Professors in Table Tennis and Badminton Sports Disciplines to Handball and Wrestling Sports Disciplines respectively. And thus, approved to fill the posts of Coaches/Assistant Professors in the below mentioned sports disciplines:

- | | |
|---------------|--------------|
| 1. Volleyball | 6. Wrestling |
| 2. Athletics | 7. Boxing |
| 3. Handball | 8. Football |
| 4. Cricket | 9. Hockey |
| 5. Basketball | 10. Kabaddi |

Item No. 3: Approved the Repatriation of the Posts of Coaches to the Directorate of Physical Education and Youth Programme, H.P. University Shimla.

P.T.O.

Self-Assessment Report, 2024

In this context, all the Hon'ble members are requested to kindly go through the decision of the Departmental Council and grant their approval of the same so that the matter can be placed for further processing.

Since, the matter is urgent, kindly convey your e-consent/approval on or before 12-06-2020 by 10.30 A.M.

(Prof. Nishan Singh Deol)
Member

(Prof. Dalvinder Singh)
~~Member~~

(Dr. Sujata Devi)
Member

(Dr. Kuldeep Singh)
~~Member~~

Sd/-
(Prof. S. K. Sharma)
Chairman

1

P.T.O.

ii. Dr. Nalin Ramaul, UG Syllabus under NEP



हिमाचल प्रदेश विश्वविद्यालय
Himachal Pradesh University
(A State Govt. University Accredited with 'A' Grade by NAAC)

Department of Economics

No. HPU/ECO/UG/CCF/1

Dated: 26.06.2024
Email: department_economics@yahoo.com
Phone: 0177-2833700

To

The principal,
Govt. College Kaffota
District Sirmaur.

Subject: Regarding framework of UG syllabus (Economics) under NEP 2020

Sir,

It is submitted that the Department of Economics, H. P. University is under the process of revising the syllabus of Under-Graduation in the subject of Economics. you are therefore requested to allow Dr. Nalin Ramaul (Economics) to attend the meeting on 29-04-2024 at 10:00AM (one day) for the framework of UG syllabus under NEP 2020 in the Department of Economics, Himachal Pradesh University, Shimla-171005.


Chairman
Department of Economics
Himachal Pradesh University Shimla-1

iii. **Dr. Kuldip Singh, Subject Expert for Preparation of Technical Handbook, Athletics as Competition Manager**

TECHNICAL HANDBOOK

Sport Name: Athletics

Background of the Sport

Introduction

Athletics comprises running, jumping, throwing, and race-walking events, including track & field, road running, race walking, cross country, mountain running, and trail running.



History of Athletics

Movement is fundamental to life, and ancient Olympic games, starting in 776 BC in Athens, opened with athletic competitions. Athletics became an integral part of the first Olympic Games in Athens in 1896 and continued in all subsequent Summer Olympics. The rules and modern format of athletics were shaped in 19th and early 20th-century Western Europe and North America, spreading worldwide. World Athletics revises rules every two years, overseeing top-level competitions globally.



Athletics competitions are also organised for differently-abled and special children in the Summer Paralympics and IPC Athletics World Championships.

Athletics in India

Athletics has deep roots in India's ancient military, with mentions in Vedas, Mahakavyas, and other ancient texts. In the 1900 Paris Summer Olympics, Norman Pritchard won two silver medals, marking the second modern Olympiad and the first by an Indian and Asian-born athlete. India has excelled in Athletics at the Asian Games, contributing 85 out of 183 golds won. PT Usha, Milkha Singh, Pardhuman Singh Brar, Manjeet Kaur, and MR Poovamma are prominent contributors. India has earned 36 medals, including 6 golds at the Commonwealth Games, with legendary Milkha Singh winning the first gold in 1958. Other notable gold medalists include Krishna Poonia, Vikas Gowda, Neeraj Chopra, and Eldhose Paul. Khel Ratna awardee Neeraj Chopra, an Olympic and World Champion, has secured gold in major world and Asian championships. India has also shone at the World Athletics Championship, with Neeraj Chopra and Anju Bobby George winning gold and silver, and a bronze respectively. The country has a strong athletic legacy, with over 750 medals, including 200 golds, in major international tournaments. Notable athletes like TC Yohannan, Gurbachan Singh Randhawa, Hima Das, and others have been honored with Arjuna and Khel Ratna Awards, contributing to India's success on the international stage.



Summary

Venue: Indira Gandhi Athletics Stadium, Sarusajai Sports Complex, Guwahati

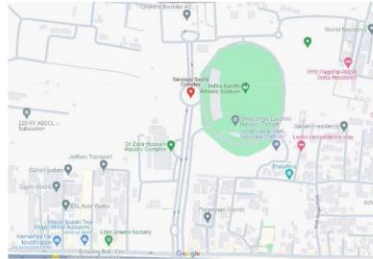
Google Maps Link: <https://maps.app.goo.gl/FHVMckY6AQbdxxGQ7>

Competition Dates: 25 February to 27 February, 2024

No. of Competition Days: 3

Total No. of Participants: 560

Weather: The weather in Guwahati during the competition period is expected to be pleasant, with temperatures ranging from nearly 12°C to 25°C. It is characterized by mild winds, low humidity and minimum rainfall. The sunrise time at Guwahati on 25th February is 5:51 am and Sunset time is 5:22 pm



Qualification Criteria

Track & Field

There will be 8 top **ranked participants** in each event in All India Inter Varsity Athletics Championship, 2023-24.

The vacant slot, if any will be filled in the following order subject the minimum qualifying criteria

1. Host University

2. Co-Host University 3.

Universities from within the states

Nominations on account of the vacant slot to be completed by the concerned Universities within two (2) working days of being intimated about nomination.

Any athlete replacement requests submitted within the stipulated timeline as already circulated be governed by following policy

1. Replacement be permitted only based upon merit

2. Replacement to be permitted from the long list of registered athletes

The above shall be approved from GTCC.

Athletic Events

Event Details						
Men				Women		
SN	Ind/Team	Events	No.	Ind/Team	Events	No.
1	Individual	100m Run	8	Individual	100m Run	8
2	Individual	200m Run	8	Individual	200m Run	8
3	Individual	400m Run	8	Individual	400m Run	8
4	Individual	800m Run	8	Individual	800m Run	8
5	Individual	1500m Run	8	Individual	1500m Run	8

Self-Assessment Report, 2024

6	Individual	5000m Run	8	Individual	5000m Run	8
7	Individual	10000m Run	8	Individual	10000m Run	8
8	Individual	110m Hurdles (1.067m)	8	Individual	100m Hurdles (0.838m)	8
9	Individual	400m Hurdles (0.914m)	8	Individual	400m Hurdles (0.762m)	8
10	Individual	3000m Steeple Chase (0.914m)	8	Individual	3000m Steeple Chase (0.762m)	8
11	Individual	20000m Race Walk	8	Individual	20000m Race Walk	8
12	Team	4x100m Relay	48	Team	4x100m Relay	48
13	Team	4x400m Relay	48	Team	4x400m Relay	48
14	Team	4x400m Mix Relay	Each team will comprise of 6 athletes i.e. 3 males and 3 females. A total of 8 teams will comprise of 24 male athletes and 24 female athletes			
15	Individual	High Jump	8	Individual	High Jump	8
16	Individual	Pole Vault	8	Individual	Pole Vault	8
17	Individual	Long Jump	8	Individual	Long Jump	8
18	Individual	Triple Jump	8	Individual	Triple Jump	8
19	Individual	Shot Put (7.260 kg)	8	Individual	Shot Put (4kg)	8
20	Individual	Discus Throw (2Kg)	8	Individual	Discus Throw (1Kg)	8
21	Individual	Hammer Throw 7.260kg)	8	Individual	Hammer Throw 4kg)	8
22	Individual	Javelin Throw (800g)	8	Individual	Javelin Throw (600g)	8
23	Individual	Decathlon	8	Individual	Heptathlon	8
Total			280			280

Medals at Stake (as per medal tally)

Gender	Gold	Silver	Bronze
Boys	22	22	22
Girls	22	22	22
Mixed (if applicable)	1	1	1
Total	45	45	45

In case of 4x100m relay, 4x400m relay and mixed relay; though the medal is counted 1 for medal tally purpose, yet six medals at maximum will be given to any team i.e. to the 4 athletes on the podium and to 2 athletes from the GTCC. In this way 70 Gold, 70 Silver and 70 Bronze Medals will be provided to the athletes.

Competition Format

1. An athlete can participate in 02 individual events and 01 relay event at maximum.
2. Practice Sessions and Technical Meeting will be held one day prior to the start of the competition. Venue and Time will be communicated.
3. Bibs will be distributed at the Technical Meeting Session and one day prior to the start of the competition.
4. All events are scheduled to be held as Final.

Fixtures/ Draw

1. All the events will be conducted as finals. Lane Order/ Competing Order will be allotted by random draw.

Competition Rules

World Athletics Competition and Technical Rules 2022, recent AFI rules, regulations & guidelines and Khelo India Norms will be applicable in all athletic competitions of KIUG, 2023. In the event of any divergence over the interpretation of the Rules, the English Version shall prevail.

Initial Heights & progressions of heights of the bar in High Jump and Pole Vault event (Both individual as well as combined events) will be decided by the Competition Manager/Technical Delegate at the Technical Meeting scheduled to be held on 24th February, 2024 at 14:00 Hours.

Call Room Time Table

EVENT	Initial Announcement	Final Announcement	Call Room Closing	Competition Site
Track Events (Except Hurdles)	40 minutes	35 minutes	30 minutes	10 minutes
Hurdles	45 minutes	40 minutes	35 minutes	15 minutes
Long Jump, Triple Jump, and Throwing Events	55 minutes	50 minutes	45 minutes	30 minutes
High Jump	60 minutes	55 minutes	50 minutes	40 minutes
Pole Vault	90 minutes	85 minutes	80 minutes	60 minutes

****An athlete who fails to report at the call room in time without valid reason shall be excluded from participating in that event and all further events in the tournament, including Relays. Team officials are not allowed inside and beyond the call room. ****

A detailed call-up schedule will be issued once final entries are confirmed. It will be displayed at the warm up area and hand out at the TIC daily.

Call Room Procedures

The procedure in the Call Room shall be as follows:

1. Identification of athletes by means of their Accreditation Card and Bib Number and matching with the start list.

2. Checking of Athletes uniform which shall be strictly as provided by GTCC.
3. Inspection of personal belongings.
4. Checking of compliance with Advertising Regulations
5. Checking of shoes spikes (number, shape and size) for compliance with relevant WA

Rule

The maximum sizes of shoes spikes allowed are:

- All events **except** High Jump and Javelin Throw: not more than **9mm**
- **High Jump and Javelin throw**: not more than **12 mm**
- Maximum thickness allowed for the spikes is **4mm**

*****If they do not comply with World Athletics Competition Rules, the athletes will be asked to change them to the correct size. *****

- Team Leaders shall ensure that their Athletes comply with the above instructions before reporting to the Call Room to avoid delays.
- After completion of these procedures, Athletes must follow the instructions given by the Call Room Officials before being taken to Final Call Room.

Final Call Room

Final Call Room is located near to the stadium entrance, near to the start of the 200m. From the First Call Room Athletes will be marshalled to Final Call Room. The distance from Final Call Room to the field of play is a short walk of less than 30 Mts. Wherever asked side bibs will be handed out and to be pasted on the side of hips in the Final Call Room only.

Entry into Field of Play

All athletes, escorted by competition officials, shall enter the Field of Play from the gate near the start of 200m. During an event, athletes may not leave the competition area without permission from the Chief Judge. In case where athletes must leave the Field of Play, an official must escort the athlete.

Sealed water bottles will be provided to all athletes in the competition area.

Warm Up Track

A 6 lane 400m synthetic track with one functional D is in the vicinity of main track. The entry to main track is through the gate near to 200m start. The track will be open for practice purpose from 23 February onwards. During the competition time, the warm up for long throws and vertical jumps is scheduled to be held in the main competition arena.

Technical Information Centre (TIC)

A TIC will be set up inside the main stadium near to the finish line arena. The TIC will be operative from 2:00PM onwards on 24.02.2024 to till completion of the results of competition on 27.02.2024. All competition related information including the start list as well as the results will be displayed on TIC notice board.

Specific Event Procedures

Track Events

The starter's commands will be given in English. Lanes 1-8 will be used for all events run Entirely or partially in lane.

Horizontal Jumps and Throws

The competing order for the fourth and fifth rounds of trials will be in the reverse ranking order recorded after the first three rounds and for the sixth round, it will be in the reverse ranking order recorded after the fifth round.

Pole Vault

An athlete shall, before the competition starts, inform the appropriate official of the position of the crossbar he requires for his first trail and this position shall be recorded.

If subsequently an athlete wants to make any changes, he should immediately inform the appropriate official before the crossbar has been set in accordance with his initial wishes, otherwise, the time for his attempt will continue to run.

Post Competition Procedures

- After the competition, all the athletes will leave the Field of Play through the Mixed Zone near to the finish area for track events.
- In the Mixed Zone, the media may conduct short interviews. Please note that the first three athletes in each Final may also be required to attend the formal interview.
- After passing through the Mixed Zone, athletes move to the Post Event Area where they will be able to recover and collect their clothing and belongings. The Post Event Area is located in the separate room allocated for Men and Women in the stadium near the finish line and after the Press Mixed Zone. Team Leaders may be allowed to access in the mixed zone by means of a special pass.
- Athletes shall provide samples for Dope Test as per the instructions of Doping Control Officials.
****Medal Ceremony is also part of competition and the winners shall be present for the same in the Official Uniform provided by KHELO INDIA.****
- Athletes shall be present for press conference if specifically requested by media or Organisers.

FAILURE to PARTICIPATE

An athlete shall be excluded from participation in all further events in the competition, including Relays, in case where:

- A “Final Confirmation” was given that the athlete would start in an event but failed to participate.
- An athlete failed to compete honestly with bona fide effort. The relevant Referee will decide on this and the corresponding reference must be made in official results.
- The provision of a Medical Certificate endorsed by a Medical Officer appointed or approved by the GTCC, may be accepted as sufficient reason to accept that the athlete became unable to compete after final confirmation or after competing in a previous round but will be able to compete in further events (except Combined Events individual events) on a subsequent day of the competition.
- Other justifiable reasons (e.g., factors independent of the athlete’s own actions, such as problems with the official transport system) may, after confirmation, also be accepted by the “Competition Manager”.

Note “A”: A specific time for the Final Confirmation is fixed.

Managers’ Venue Visit

The venue visits at the Indira Gandhi Athletics Stadium, Sarusajai Sports Complex, Guwahati of Manager/ Chief of Delegation of all the participating Universities may be organized on request on 24th February, 2024 after Technical Meeting.

Competition Implements

All implements provided by the Local Organizing committee will be World Athletics approved.

Markers:

Athletes will not be permitted to use their own markers during the Championship.

The Athletes wishing to use markers will have to use the markers provided by LOC at the event site.

IMPLEMENT & EQUIPMENT

All implement and equipment which LOC provides for the Competition shall conform to World Athletics Competition and Technical Rules 2022 and AFI Rules, Regulations and Guidelines. If any athlete wants to use any personal implement of World Athletics approved implements, he/she should submit the implement to the TIC at least Two hours prior to the competition for verification. If approved, such implements will be including the common pool and would be available for use by any other Athlete who wants to use it.

Personal Implements

Personal Implements will be allowed, provided that,

- they are readily identifiable and are World Athletics certified,
- they have been checked for compliance with World Athletics Rules,
- they are made available to all the athletes until the end of the Last Trial.

The checking procedure will be done by the Technical Manager.

If a personal implement cannot be accepted into the pool due to it not meeting the specifications or being unidentifiable, the relevant team will be notified through the TIC, with an explanation, and the implement will be returned.

Medical Services

The Medical Services will be provided in accordance with the World Athletics Medical Manual.

Dope Control

- The Dope Control will be carried out in accordance with World Athletics Rules.
- If a New Meet Record is created by an Athlete or Relay Team, the Team Delegates may apply for a Dope Test for their Record ratification. Such request shall be made to the TIC at the Indira Gandhi Athletics Stadium, Sarusajai Sports Complex, Guwahati immediately after the particular event. The cost of the test will be notified by the LOC, which the team has to remit along with the request.

Every Team can check at the TIC whether the athlete is required to take a Dope Control Test. If it is required, then one Team Official shall accompany the athlete after obtaining a special access card from TIC.

Competition Management

The GTCC of KHELO INDIA UNIVERSITY GAMES, 2023 shall be responsible for the organization and management of this Competition under the guidance of AFI Technical Officials. All events will be officiated by the Technical Officials appointed by Athletics Federation of India.

Protests & Appeal

1. In accordance with the World Athletics Rule, a Jury of Appeal shall be appointed by AFI
2. Protests shall be processed according to the World Athletics Rules. Protest concerning with the result or conduct of an event must be made within thirty (30) minutes of the

official announcement of the result of the event. Any protest shall, in the first instance, be made orally to the Referee by the athlete himself or someone acting on his behalf.

3. If not satisfied with the decision of the Referee, an appeal to the Jury must be made within thirty (30) minutes of the official announcement of the decision made by the Referee, in writing on the official appeal form, signed by a responsible official on behalf of the athlete, and shall be accompanied by a deposit of rupees 1000 (thousands) of INR, which will be forfeited if the protest is not upheld.

4. All appeals must be submitted to the TIC at the Indira Gandhi Athletics Stadium, Sarusajai Sports Complex, Guwahati from where they will be immediately forwarded to the Secretary of the "Jury of Appeal".

TECHNICAL MEETING

The Technical Meeting for managers will be held at **14:00hrs on 24th Feb 2024 in the Indira Gandhi Athletics Stadium, Sarusajai Sports Complex, Guwahati** and exact location of the meeting will be shared. The Technical Delegates from AFI will preside over the meeting, which will be conducted in **English as well as in Hindi**.

The meeting will provide updates and new information which is not already mentioned in this Team Manual and will include: -

- Presentation of the Management Officials of the Championship
- Presentation of the Referees
- Time table amendments (if any)
- Starting Heights and Rising of the Bar for Vertical Jumps.
- Miscellaneous.

Answers to written questions: Any enquiries concerning the technical conduct of the Competition must be in writing (in English or Hindi) to the GTCC or TIC.

- Questions will also be accepted during the Technical Meeting.
- These questions will be answered and addressed at the Technical Meeting.

Proposed Starting Heights and raising of bar for Vertical Jumps

High Jump

Men

Starting Height 1.80m– 5cm up to 1.95m– 4cm up to 2.03m– 3cm up to 2.09m– 2cm
Practice Trial 1.75m – 2.00m

Women

Starting Height 1.50m–5cm up to 1.60m– 4cm up to 1.68m– 3cm up to 1.74m- 2cm
Practice Trials 1.45m – 1.65m

Pole Vault

Men

Starting Height 3.60m – 20cm up to 4.00m – 10cm up to 4.60m – 5cm
Practice Trials 3.50m -4.40m

Women

Starting Height 2.50m-10cm up to 2.90m- 5cm
Practice Trials 2.40m- 2.80m

****Practice Height and Start Height of Vertical Jumps for combined events will be decided in Technical Meeting****

Kuldip Singh

Dr Kuldip Singh
Competition Manager, Athletics

- iv. **Dr. Kuldip Singh, Subject Expert for Preparation of HPU Sports Rules Manual Published by HP University**

THE HIMACHAL PRADESH UNIVERSITY

Sports & Co-curricular Activities Council



OFFICIAL HANDBOOK

Published by :

**The Secretary
H.P.U. Sports & Co-curricular Activities Council**

2022

THE HIMACHAL PRADESH UNIVERSITY
Sports & Co-curricular Activities Council



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2022

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