

**Government Degree College Kaffota**  
**District Sirmaur, Himachal Pradesh**  
*Ranking of Government Colleges in HP*

**Criterion 5 Best Practices, Innovation and  
Institution Distinctiveness**

**Key Indicator 5.4 Special New Innovative Initiatives  
or Ideas Adopted in the College**

**Metric 5.4.i Sensitisation with the importance  
of Elderly People at Home**



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## **RANKING FRAMEWORK**

### **5. BEST PRACTICES, INNOVATION AND INSTITUTION DISTINCTIVENESS**

#### **5.4. Special New Innovative Initiatives Or Ideas Adopted in the College (Other than at Sr. No. 5.2 above)**

##### **5.4.1. Sensitization of Students to the Importance of Elderly People at Home**

The initiative titled "**Sensitization of Students to the Importance of Elderly People at Home**", focuses on promoting awareness and fostering respect for the elderly among students of Government Degree College, Kaffota. This initiative aligns with the institution's commitment to holistic education, ensuring that students not only excel academically but also develop a sense of social responsibility, empathy, and care for older generations.

##### **i. Objectives:**

- To instil values of respect and care for elderly family members among students.
- To create awareness about the challenges faced by elderly people, including health, emotional, and social issues.
- To encourage students to contribute positively towards improving the lives of elderly people at home and in their communities.

##### **ii. Implementation Process:**

##### **Sessions and Seminars:**

The college conducts sessions and seminars to highlight the needs and rights of elderly people. These sessions cover topics like elderly care, health issues specific to aging, the importance of emotional support, and government schemes available for the elderly.

##### **Interactive Activities:**

Students are encouraged to interact with elderly people in their homes and communities to better understand their perspectives, challenges, and contributions. The students engage in discussions, storytelling, and listening to life experiences shared by the elderly.

**Awareness Campaigns:**

Students are involved in awareness campaigns about elder abuse, loneliness among senior citizens, and the importance of intergenerational bonding.

**Practical Engagement:**

As part of the initiative, students are tasked with regularly spending time with their elderly family members, helping them with daily activities, offering companionship, and providing emotional support. The college encourages students to document these experiences and share insights in class, promoting a culture of reflection and empathy.

**Inclusion of Elders in College Events and Bodies:**

The college invites elderly community members to participate in college events, honouring them as special guests and recognizing their wisdom and experience. Some of the elders of the local community are also nominated in Internal Quality Assurance Cell (IQAC) of the college as external members.

**iii. Outcomes:**

**Increased Sensitivity:**

Students develop a deeper understanding of the struggles and emotional needs of elderly people, leading to more compassionate behaviour at home and in society.

**Stronger Family Bonds:**

Students report stronger relationships with their grandparents and other elderly relatives, as they begin to value their presence and guidance more profoundly.

**Community Impact:**

The initiative fosters a culture of respect for the elderly within the college and the surrounding community, helping to reduce feelings of isolation among senior citizens.

**Ethical Development:**

The practice contributes to the ethical and moral development of students, shaping them into responsible citizens who are aware of the societal importance of supporting and valuing the elderly.

**iv. Conclusion:**

This initiative has been a part of the college's broader mission to inculcate strong ethical values in students while addressing real-world social issues. The initiative is an exemplary approach towards sensitizing the younger generation to the needs and importance of elderly people, ensuring their dignity and well-being are preserved within families and communities.











